

North East Hampshire & Farnham Clinical Commissioning Group Board Public Health Update March 2015

This report updates the Clinical Commissioning Group (CCG) on the delivery of specialist public health advice to the CCG by Hampshire Public Health as set out in the Memorandum of Understanding (MOU) and on general public health issues.

1. Memorandum of Understanding

The Public Health specialist advice to support the development of strategic and commissioning work for the CCG over the last two months has included:

- Evidence base on referral management.
- Public Health advice to meeting with district planners on health infrastructure development.
- Initial meetings to discuss progressing CCG end of life needs assessment
- Updating Clinical Executive on Beat the Street. This initiative has encouraged more physical activity in Aldershot Park, with residents travelling over twice the original target distance.
- Supporting the development of integrated care teams with a locality needs assessment.

2. General Public Health Update

2.1 Hampshire Public Health update

- Prevention in general practice:** public health consultants are in the process of co-producing plans to improve prevention in general practice. This work is complementary to the Public Health strategy which is currently being developed for Hampshire County Council.
- NHS Health Checks:** NHS Health checks are a useful way for GPs to identify and support their patients reduce risk factors for long term conditions by adopting risk reduction interventions or by prescribing preventative treatment. 55% of those invited for an NHS Health Check in Hampshire had a check in Q3 of 2014/15. This equates to 11,963 people – almost twice the number attending a check the same time last year.
- End of Life Needs Assessments:** these have been produced for every CCG and shared with commissioners, who are working with Public Health on next steps.
- Smoke free homes:** Hampshire County Council, Hampshire Fire and Rescue Service and some of the Hampshire districts are working together to encourage people to protect their families from the dangers of second-hand smoke and reduce the risk of fire by not smoking indoors. The [Step Out Smoke Free Homes](#) campaign includes a new resource pack for primary age children teaching them about second-hand smoke. As part of the initiative the County Council is asking for views on smokefree homes, cars and play parks. This can be completed online at www.snapsurveys.com/wh/s.asp?k=142166205228. Cigarettes are the second most common cause of fires in Hampshire homes.

- e. **Approved list procurement:** if CCG commissioners are receiving enquiries about the Public Health procurement of tier 2 sexual health services and NHS Health Checks, which closes on 13 May 2015, kindly refer all queries to Andrew Withnall, Public Health procurement manager, email Andrew.withnall@hants.gov.uk

2.2 National update

The Board should be aware of the following key messages for CCGs from Public Health England and other relevant bodies.

- a. **0-5 year services:** planning and commissioning of public health services for 0-5 year olds transfers from the NHS to local authorities in October 2015.
<https://www.gov.uk/government/publications/transfer-of-0-5-childrens-public-health-commissioning-to-local-authorities>
- b. **Healthy weight:** NICE recommendations on changes that individual adults and children can make to their behaviour that may help them maintain a healthy weight or prevent further weight gain if they are already overweight. The guideline may also help prevent weight re-gain in adults who have previously lost weight.
<https://www.nice.org.uk/guidance/indevelopment/gid-phg78>
- c. **Smoking:** No smoking day took place on 11/3/15, a day when smoking cessation services tend to see an increase in self referrals. This year's no smoking day was historic because the House of Commons voted in favour of plain packaging, followed by House of Lords agreement on 16/3/15. Plain packaging is likely to become mandatory in the summer of 2016.
- d. **Diabetes prevention:** PHE, NHS England and Diabetes UK announce local demonstration sites for the new 'National NHS Diabetes Prevention Programme'
<https://www.gov.uk/government/news/national-nhs-diabetes-initiative-launched-in-major-bid-to-prevent-illness>
- e. **Heart age:** a new approach to communicating risk of cardiovascular disease comparing chronological age with heart age is available at:
<https://www.gov.uk/government/news/phe-launches-new-tool-to-raise-awareness-about-heart-disease>
- f. **Tuberculosis:** Public Health England and NHS England have launched a new 5 year strategy which aims to half the incidence of TB in England by 2025.
<https://www.gov.uk/government/publications/collaborative-tuberculosis-strategy-for-england>
- g. **Men W:** continuing increase in meningococcal group W (MenW) disease in England is an issue that all healthcare professionals need to be aware of in advance of available immunisation.
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/407865/hpr0715_men-w.pdf